

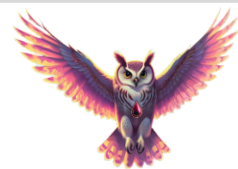
RAISA GÓMEZ



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Tecolotzin
Wisdom, rituals & feminine therapies

➤ PRESENT:

Tecolotzin

Wisdom, rituals & feminine therapies.

Guide and Founder. 2026.

➤ TRAINING:

● **Hormonal Health Coaching**

Certified Excellence.

● **Ancestral Rebozo Massage**

Atlachinolli Center. Texcoco, Mexico. Dec. 14, 2025.

● **Yog Sutra Rishikesh India**

Teacher Training (Residential). Ago. 2025.

Multi Style Yoga (Residential). Dic. 2022.

● **Mother Earth Menstrual Therapy**

Training in Menstrual Therapy. Argentina. June 2022.

● **Sacred Sexuality**

Shakti "Sexurero" School. Colombia. Mar. 2020.

● **Rainbow Kids Yoga**

Yoga for Kids and Families Teacher Training.

Kidding Around Yoga. Dic. 2017.

Kids Yoga Teacher Training. Ago. 2018.

● **Master Herbalist Course**

International Open Academy. Abr. 2019.

● **Healers for a New Time**

Colombia, 2019.

● **Make up Artist**

Universal Beauty School, INC. Ago. 2005.

● **VPK Lead Teacher**

Florida Department of Children and Families. Mar. 2004.

● **Level One K12 Substitute Teacher**

State of New Mexico.

● **Child Care - Child Development**

Miami Dade College, 2004.

● **8th International Congress on Down Syndrome**

Venezuelan Association for Down Syndrome. Nov. 2004.

● **Point Method**

International Education Workshop. Jul. 2022.

● **Educational Psychology: Specialization in Learning Difficulties and Special Education**

Monseñor de Talavera University College. Venezuela. 1999–2003.

www.tecolotzin.com

ABOUT ME...

I am an educator, hold a degree in Educational Psychology, am a therapist in training, and a practitioner of the sacred feminine. Born in Venezuela, I have been a spiritual student of ancestral traditions from Mexico, North America, and South America for over 20 years, and have shared knowledge and teachings in countries such as India, Switzerland, Australia, and Turkey.

KNOWLEDGE...

- Certified menstrual therapist.
- Yoni egg therapy.
- Natural gynecology.
- Lunar herbalism.
- Energy-cleansing baths.
- Sacred sexuality.
- Use of sacred smoke via herbs and incense.
- Hatha Yoga and Usui Reiki.
- Sacred Pipe Carrier of the Ollintlahuimetztli Moon Dance.
- Temazcal ceremony guide.
- Sun Dancer in Zuya Taopi Wiwanyag Wacipi.
- Disciple of the traditional Shipibo healing path.
- Apprentice to Cofán and Kamentsá indigenous traditions.

MISSION: Empowering women through holistic healing approaches.

VISION: To accompany women as they awaken their intuition and reconnect with their menstrual blood, thereby reclaiming their sacred feminine and inner wisdom.

"May the wheel keep turning, may the song keep rising, and may the spirit of learning never be extinguished."

Raisa Gómez